

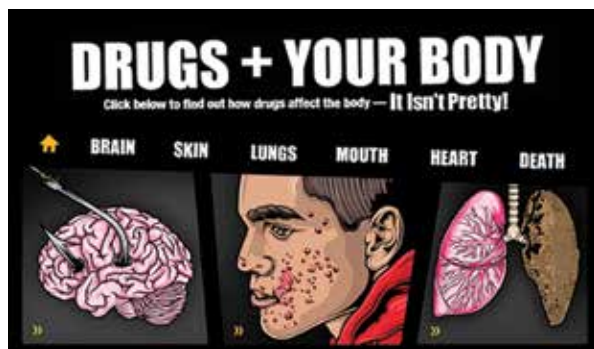
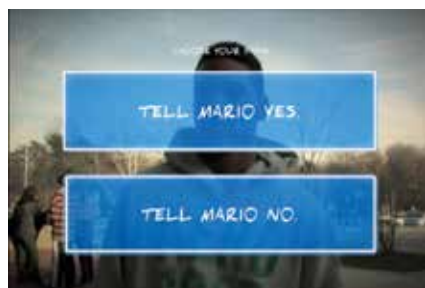


This year, NIDA and NIAAA offer these three interactive tools that can be projected on large screens at events or used with mobile devices.

The online 2016 National Drug and Alcohol IQ Challenge is a 12-question multiple choice quiz that teens and adults can take to test their knowledge about drugs. Past-year challenges can be found here: <http://teens.drugabuse.gov/2015IQChallenge>. The 2016 challenge will be posted when it is available.



Choose Your Path interactive videos encourage students to make decisions about the abuse of prescription drugs using scenarios from their everyday lives: <http://teens.drugabuse.gov/peerx>



The interactive version of the popular poster Drugs + Your Body: It Isn't Pretty highlights the effects drugs have on the teen body. It was created in partnership with Scholastic: <http://www.scholastic.com/drugs-and-your-body/>

NATIONAL DRUG AND ALCOHOL FACTS WEEK

NATIONAL INSTITUTE ON DRUG ABUSE

Don't Forget
DRUGS & ALCOHOL
CHAT DAY

Drugs and Alcohol Chat Day
on January 26, 2016

Register at:
<http://drugabuse.gov/chat/>



New Name:
Details Inside



Help Teens
Shatter the Myths About
Drugs and Alcohol

January 25–31, 2016

<http://teens.drugabuse.gov/ndafw>



National Institutes of Health
Turning Discovery Into Health

Make National Drug and Alcohol Facts Week a Part of Your Community

Plan an Event

- Invite a scientific expert to speak to teens.
- Organize contests.
- Coordinate a community 5K or 10K NDAFW walk.
- Invite professional athletes, entertainers, and politicians to events.
- Team up with us on Facebook, Twitter, and LinkedIn.
- Share drug facts through posters, videos, and morning announcements.
- Host interactive assemblies and presentations.
- Get an official proclamation from community leaders.
- Check our online toolkits for more ideas.



Orlando Teens "Shattering the Myths" Teens make a statement during NDAFW in Orlando, Florida.

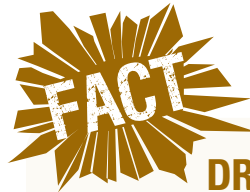
Questions? Email us at drugfacts@nida.nih.gov
<http://teens.drugabuse.gov/ndafw>



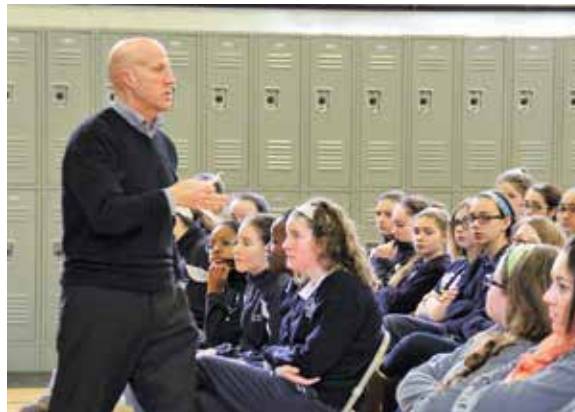
**MARIJUANA—YOU
CAN GET ADDICTED.**

What Is National Drug and Alcohol Facts Week?

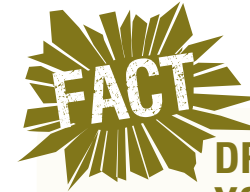
We are now **National Drug and Alcohol Facts Week (NDAFW)**! The National Institute on Drug Abuse (NIDA) has joined forces with the National Institute on Alcohol Abuse and Alcoholism (NIAAA) to shatter the myths about teen substance use! These two scientific centers at the National Institutes of Health are now partners in the week-long annual observance that brings together teens and scientific experts to encourage an honest conversation about substance use. Join us January 25–31, 2016!



**DRINKING ALCOHOL
CAN LEAD TO VERY
RISKY BEHAVIORS.**



Superintendent Robert Merner spoke to students at Mount Alvernia High School in Newton, Massachusetts, about drugs and alcohol during NDAFW.



**DRUGS MESS WITH
YOUR BRAIN'S WIRING
AND SIGNALS.**



**Order or download
our popular booklet
*Drugs: Shatter
the Myths.***

Getting the Word Out
Van Buren County
SAFE Coalition's Youth
Leadership Council
in Keosauqua, Iowa,
educates students with
drug facts for NDAFW.



Tourney of NDAFW Champs Students along with Family Counseling Center, Inc., and ACT Missouri set up a booth during NDAFW in Campbell, Missouri.